



SDAA Newsletter

September 2026

This newsletter is formed from reports from members of the
Selsey Dementia Action Alliance on 22nd September 2026
To find out more about any of the items, contact: sdaa@selseycommunityforum.uk

✿ **Mike Nicholls** opened the meeting.

There were several apologies received due to work commitments and reports were received to update the meeting.

The meeting began with various pastoral issues were shared.

Note:- The Christmas Day lunch is going ahead. Please book through the Care Shop via Joanne or Sue Trude.

Danial Ayton will be leading on Christmas day and will be supported by Joanne and various volunteers.

✿ **Befriending groups – Ronelle Juleff**

MOVIES FOR MEMORIES - usually twice a month showing suitable classic films or musicals. We have between 20 and 30 attendees each time. They are served a homemade lunch and dessert. Venture bus provides transport for those who cannot get there on their own. We usually have 2 or 3 wheelchair users, 4 using walking aids. People with Dementia are welcomed and integrated into all our groups

MORNING LIVE - Every Monday at the Venture Club. 20 attendees, 4 or 5 living with dementia - a carer plays dominoes or cards with them. The Venture bus provides transport for 12 guests - disabled, wheelchair users, walking frames.

TOGETHER TIME - Every Thursday at the Methodist church hall - an all-day group. 30 to 35 regular guests - some living with dementia, learning difficulties, or disabled. Tea and cake served, lunch, we have a sing song, games, and a raffle.

FRIDAY TEA & TALK - 15 to 20 guests enjoy tea and eats every Friday afternoon at the Venture club. Most guests are able to get there on their own or with a carer.

RESBITE TEAS - a tea every Sunday at the various churches - sometimes over 40 guests - disabled, living with dementia, etc. The Venture bus again provides transport.
For all these groups the guests are contacted personally.

Robins Service – Karen Pirks

Karen reported that we now have a representative in each care home supporting with our Robins service.

Noe the new Wittering's Care Shop is open and supporting clients in that area. There will also be a Robins Service on that side of the Peninsula.

Alzheimer's Society

Our contact with Alzheimer's is Deirdre Timney who is on leave at present and we wish her well. In her absence the Carers Support group, which meets every 6 weeks, will be well supported by her colleagues and Karen Halford.

Karen reports that she is very busy with Respect and Herbert Protocol documents and supporting families who have loved ones with dementia.

Sussex Grange Residential Care Home – Kellie Barker

In addition to our regular much loved activities, we have been on our 'Holiday week' – As it has become popularly known in the care home and with our family and friends, although we no longer physically travel to holiday destinations, this never stops us from having our annual holiday week and this year we went on a cruise – setting sail from Southampton and travelling through Spain, Italy, India and the Caribbean – this holiday saw us enjoy so much, from a family and friends BBQ, cocktails with the captain of the ship, games evening, seated Bollywood dancing, henna tattoos with a huge closing celebration with a live steel band! There was so much more seen and experienced during our holiday week, it's safe to say we needed a week off to recover.

We have been lucky enough to have had a bespoke training session held by a wonderful trainer from Sage House – the staff shared how wonderful and informative this session was.

We have welcomed new staff members to our team of skilled staff.

We have been working with external health professionals and our local friends in neighbouring care homes. We currently have availability within the care home for residents to stay with us and to join us for the day, please contact the care home directly for further information.

We have lots of upcoming exciting events on the agenda, Monday we will be holding our annual coffee morning in aid of the MacMillan charity, the kettle will be on and the home baked treats will be readily available for all of our friends and family to pop along and enjoy.

It has been another busy enjoyable month at Sussex Grange. We have lots to look forward to in October.

 Sussex Grange Home Care – Paula Warren

Corinna is on holiday enjoying a well-earned break. Recruitment is continuing and we have employed some really lovely caring experienced people who are currently going through our induction process. They will be ready to complete care visits very soon.

We are busier than ever and have supported a couple of Continuing Health Care clients to return home for end-of-life care.

It was a pleasure to support one lady's return home to be with her family for a short time, as this was her wish.

 Good morning calls service

We are saying goodbye and good luck to Amanda this week. Amanda has been responsible for the GMS service which came into its own during covid and was invaluable for many residents in Selsey during that time and continues to benefit those that are housebound or live alone. It includes daily phone calls which will be taken over by one of our valued volunteers Steve Higgs. Other areas of Amanda's work such as the Parkinson group and Friendship Group are in the process of being allocated to other people who will lead them.

 AOB

The Wittering's Care Shop was officially opened at the beginning of September and have linked up with Sage House Wayfinder for the benefit of their dementia clients.

 **Next Meeting:** Tuesday 27th October at 5.00pm at the Cabin, Beacon church, Selsey.